

MORNING ESCAPE

Includes a breakfast platter accompanied by your choice of hot drink or soft drink.

Breakfast Platter

Warm mini waffles with maple syrup and strawberries V

Freshly baked cheese twist V

Brie and bacon focaccia with cranberry sauce

Natural yoghurt with fruit compote V

Gluten Free Breakfast Platter

Brie and bacon sandwich with cranberry sauce GF

Smoked salmon, cucumber and cream cheese sandwich GF

Natural yoghurt with fruit compote V GF

Gluten free chocolate muffin V GF

Vegan Breakfast Platter

Fresh vegan raspberry croissant VE

Vegan 'egg' mayonnaise VE

Coconut yoghurt and fruit compote VE

Vegan chocolate muffin VE

FOREST AWAKENING SPA DAY, SOOTHING SPA DAY & EARLY BIRD FOREST SPA ESCAPE

Our breakfast packages include your choice of one of the breakfast items below, accompanied by a hot drink or soft drink of your choice.

Bacon, avocado and poached egg on sourdough toast GFO

Finished with sriracha.

Tomato and avocado on sourdough toast V VEO

Topped with toasted pumpkin seeds and sriracha.

Free-range scrambled eggs on sourdough toast V GFO

Poached eggs, pesto and ricotta on sourdough toast V
Sprinkled with chilli flakes.

Smoked salmon and free-range scrambled eggs on sourdough toast GFO

Baked eggs shakshuka with sourdough V GFO

Oven baked, slow-cooked tomato sauce with onions, peppers, smoked paprika and cumin.

TWILIGHT SPA ESCAPE

Includes a Mediterranean antipasti platter accompanied by your choice of a glass of Prosecco, non-alcoholic Prosecco, a hot drink or a soft drink from our menu.

Vitalé Platters

Vitalé Platter GFO

A Mediterranean platter of balsamic onions, prosciutto ham, chorizo, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

GFO - Served without flatbread

Vitalé Vegetarian Platter V VEO

A Mediterranean platter of balsamic onions, stuffed vine leaves, martini olives, sun-dried tomatoes, grilled artichokes, mozzarella and pesto, red pepper tapenade and garlic flatbread.

VEO - Served without mozzarella and pesto



V - No meat or fish | GF / GFO - Ask for gluten free | VE / VEO - Ask for vegan
Please note that some of our meat/fish dishes may contain bones.

IMPORTANT ALLERGEN INFORMATION

Use the QR code to access important allergy information and to select suitable items for your specific food allergy or intolerance. It is your responsibility to ensure that items are suitable based on the information provided on the portal. Menu descriptions may not include all ingredients.